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OPENING HOURS

MONDAY TO SATURDAY 9.00AM TO 7.00PM SUNDAY 10.00AM - 4.00PM

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NO APPOINTMENT NEEDED

HAIRCUT (SKIN FADE)	£11
CLIPPER CUT ONE GRADE	£8
CLIPPER CUT TWO GRADE	£9

HEAD SHAVE	£11
HOT TOWEL SHAVE ,	£12
BEARD TRIM BY CLIPPER	£5
BEARD TRIM SHAPE UP BY RAZOR	£10

O.A.P'S (OVER 65 YEARS OLD)	£8
BOYS (UNDER 12 YEARS)	£8

Chairman Welcome

Happy New Year and welcome to the very first Town Magazine from you Town Council. This will come through your door quarterly and is delivered by volunteers. The aim is to bring you news and information from around our town and we are always seeking your ideas about what to include. Tell us what you want to know. If you have something to celebrate, a story or picture to share, information, news or views to share drop us a line.

Elected in May last year with a strong commitment to listen to your priorities, work on the issues you want us to deliver and build upon the great community spirit. We want to hear from you and as well as this new magazine you can access us through our Facebook page, Twitter handle, Instagram account and a refreshed website.

All our meetings are open to the public and we welcome you to come along to ask us questions, raise issues of concern or engage with the decision making of the Council. If you can't make the meeting but want to see democracy in action we also broadcast through Facebook Live.

Come along, get involved and hold us to account to ensure we are putting our community first and our town will improve for your contribution.





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Hednesford in Partnership delivered another successful Festival enjoyed by hundreds of residents. The challenging weather was overcome and some aspects curtailed this year to account for the winds but with entertainment kicked off by the Cannock Chase Drum Corps with singers, Punch and Judy, acrobatic skills from Savage Skills bike team, scrufts and Prospectors Dog Agility, fun fair and classic car show, the new addition of the Make, Bake & Take tent, skate park competition there was plenty for everyone to see, do and enjoy.

This Year will be Saturday 8th August and hoping for a return to fine weather.





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Best kept Village 2019

Last year was another successful year for our entry as the Best Kept "Urban" Village as we were once again recognised as Highly Commended by the judges. This is our third year of entry and a big thank you to all the volunteers who have given many hours to spruce up the town centre and surrounding areas, litter picked, planted, tidied and decorated different areas.

Particular highlights for this year include the services celebration established at the war memorial by Hednesford Lions, the planting on the station platforms, the decorations around the miners memorial and the community group flags down the town centre.

Coordinated through Hednesford in Partnership in collaboration with a number of other community groups and schools we are already planning for our entry this Year. If you can help please get in touch to give us that push to the top of the rostrum.



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SHINY FORK, MARKET STREET, HEDNESFORD

MENT.

Town councillors in Hednesford are reaching out to schools and other youth groups to help shape the future of the community.

The move is a key part of on-going efforts to encourage different groups from across the community to have a voice.

Councillors want to hear from pupils about what they would like to see happen in terms of youth activity provision and their views on the broad range of issues that face the town today.

They are reaching out to headteachers and others with a view to how best to listen to young people and potentially holding a council meeting in a school in December this year.

This approach will help younger Hednesford residents speak up and be listened to on what they consider important for the town. Councillor Kathryn Downs is leading council efforts to engage young people.

She said: "We want to open the council up to everyone and young people who as a group, aren't represented on the council. There is a lack of provision in Hednesford for young people and we need to hear from them on what's needed and why.

"We are appealing for young people to get involved, to come along and listen and make their voices heard."





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Key Events for the Year Ahead

Saturday 28th March Artisan Market last Saturday of each month returns

> Friday 8th May VE75 Day

Saturday 27th June Armed Services Day

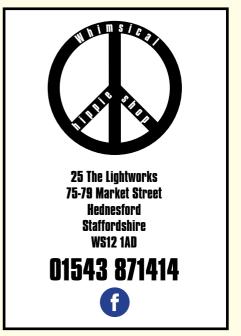
Saturday 8th August Hednesford Festival

Saturday 12th September Staffordshire Pride

> Sunday 4th October Silver Sunday

Sunday 9th November Remembrance Sunday

Eriday 5th December Christmas Lights Switch from 5pm Town Centre







Daisychain Gifts

56 Market Street Hednesford WS12 1AG **Tel: 07803 360 346**

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Over the last few months the Town Council has been running a survey to understand the priorities of the community we serve and feeding these in to the decisions about the work we undertake in the year ahead. This has a direct impact on the budget and the Council Tax we raise to deliver what the community asks.

We have also been undertaking a thorough review of all the expenditure the council has historically spent to evaluate if this represents best value for council tax payers.

In the year ahead you will see more emphasis on economic development of the Town Centre and creating a sustainable economy for our community, infrastructure around cycling with improved links to the Chase and investment in solutions to address the Climate Emergency. We will also continue to address work on engagement, homelessness, social inclusion and loneliness.

It is a big year ahead and the investment from the community through the Town Council poised to make the most of the Commonwealth games coming to the Chase in 2022



THE LIGHTWORKS

The Lightworks is a mixed retail, office and residential development situated in the Heart of Hednesford Town Centre approximately one mile away from Cannock Chase, which has been designated as an Area of Outstanding Natural Beauty.

The complex consists of 19 Apartments and 15 Retail/Office outlets. There are currently a large number of independent retailers occupying the Units and as these shops are individual retailers, you are likely to find many items which you wouldn't find on your "average" high street. So why not pop down, pay us a visit and perhaps partake in a coffee, cake or curry in either the Café or the Indian Restaurant.

EXCITING BUSINESS OPPORTUNITIES PLEASE CONTACT HARRIGANS FOR MORE INFORMATION ON 01543 871500

Bella's Coffee House - Bailey's Shooting & Country Wear

Sheep Craft Yarns - Little Vintage Company

S H Financial Consultants Ltd - Whimsical

Harrigan Lettings - Jaipur Indian Restaurant



See how many of these newspaper related words you can find in the puzzle. The words can be forward, backward or diagonal. Evolution by San United Brand Fields Result (1971

1. HARRY

- 2. HERMOINE
- 3. RON
- 4. HAGRID
- 5. HOGWARTS 6. WIZARDS 7. MUGGLES
- 8. GRYFFINDOR
- 9. HUFFLEPUFF 10. RAVENCLAW 11. SLYTHERIN 12. DURSLEYS
- 13. DUMBLEDORE 14. QUIDDITCH 15. HORCRUXES 16. VOLDEMORT

STATION ROAD CHIPP

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OROYAL AIR FORCES **Association**

The charity that supports the RAF family

Cannock Chase Royal Air forces Association. Meetings held at 12.30 on First Saturday of each month at Cannock ex-servicemen's Club (Walsall Road, Cannock WS11 0HG). New members are most welcome.

AIR FORC

Association

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Cannock Chase Branch

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Call for Hednesford climate emergency taskforce to take shape Hednesford Town Council is calling on residents concerned about climate change to join forces and pioneer moves to protect the town.

The council declared a climate emergency at its meeting in June to formally recognise the environmental crisis. It has become one of a growing number of local authorities across the UK to lead its community to cut carbon emissions.

Councillors have outlined a number steps to be put in place in the coming weeks, months and years. This includes becoming carbon neutral by 2030.

Now they want to hear from interested parties to help forge a way forward and find the best ways of working together for the best possible outcomes.

The council will launch a carbon audit and road map to plan the best way to achieve its goal. The first members of the task force include Cllrs Paul Woodhead, Mandy Dunnett and local residents Sandra Wright and Darrell Mawle.

Anyone interested in becoming part of a climate emergency taskforce should contact the council on 01543 424872 or email Cllr Woodhead on paul.woodhead@hednesford-tc.gov.uk.







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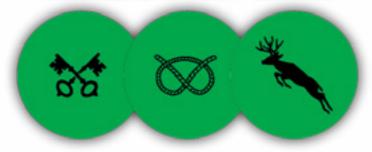


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Hednesford Town Council





Pye Green Community Centre Bradbury Lane, Hednesford, Staffordshire WS12 4EP Tel: 01543 424872 www.hednesford-tc.gov.uk

The Community Centre is ideal for various uses including Birthday Parties, Weddings, Anniversaries and other Special Parties, Business and Community Meetings, Keep Fit Classes, Dances, Training Events, seminars and such other events as deemed appropriate by the management committee.

The Community Centre is also available to hire for children's birthday parties from 1-17 years but with no licensed bar.

Hednesford Town Council



Hednesford Life is a new Quarterly magazine produced by Hednesford Town Council and distributed door to door in the Hednesford area.

The magazine will feature up and coming local events, Town Council updates and news on projects within the community.

If you would like to include your community event or group in future publications or to advertise your business or services, please Email Hednesford Town Council laurie.bowman@hednesford-tc.gov.uk or write to HTC at Pye Green Community Centre, Bradbury Lane Hednesford WS12 4EP.

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Hednesford Library Every Wednesday from 11.00am - 1.00pm

About your Councillors Kathryn Downs

Introduction

Kathryn was elected to Hednesford Town Council in May 2019 by the residents of Anglesey Ward and is the principle speaker for youth and community cohesion. Since being elected Kathryn has been working to get schools more engaged in the work of the Town Council, and to draw together the various strands of work our many fantastic community groups are doing with schools to ensure we have a co-ordinated approach to our work. Kathryn got involved in local politics because she felt the pressing issues we face as an area were going unaddressed and that Hednesford Town Council could play a more significant role in the town. Away from council Kathryn works as Director of IT in social housing and is parent to two teenagers.

Where do you volunteer?

I'm the Chair of Chase Pride and I'm really excited to be bringing Cannock Chase's first pride festival to Hednesford in June. I also spend time out litter picking with Hednesford Litter Hero's and Friends of Hednesford, as well as helping Hednesford in Partnership with the Christmas Lights event and Summer Festival. Life can be busy!

What is your favourite thing about Hednesford?

I love that Hednesford has not lost its sense of community. It's one of those towns where you can walk down the street and wish everyone a good morning, stop for a chat with regular faces on Market Street and engage with a very active group of community organisations. I also love our Victorian architecture!

What are you reading at the moment?

Right now, I'm struggling to find time to squeeze reading into my busy agenda, but I'm looking forwards to the Winds of Winter being released by George RR Martin in the not too distant future. I've been following the epic A Song of Ice and Fire saga for over a decade and I'm keen to know how the books will end. Hopefully better than Game of Thrones!

Where did you grow up?

I was born in Burntwood and went to Chasetown High School, now Erasmus Darwin Academy. My teenage years were spent mountain biking over Gentleshaw common and building dens in the woods over Cannock Chase. I love the outdoors which is what brought me to Hednesford in 2001 - when time allows I like to spend time walking over Cannock Chase and exploring our area's history.

Any embarrassing music tastes you would like to own up to?

Well the first single I bought was Michael Jackson's Earth Song, fortunately my musical tastes have matured a bit since then! I tend to listen to all sorts of music these days, when I'm out litter picking I usually have my headphones in listening to Pete Tong on Radio 1.

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Pye Green Community Centre

Monday

9.30-11.30am Health Visitor Child Health Team 1.30-3.30pm Easy Sequence & Ballroom Dance 6.30-7.30pm Weight Watchers Uk Ltd 8.30-9.15pm Zumba

Tuesday

10.30-11.30am Pilates Classes 12.30-3.30pm Staffordshire South West Cab Universal Credit Advice 1-3.30pm Tuesday Afternoon Social Dance 6-7pm Stars Academy of Young Performers 7.30-8.30pm Ehmaa Martial Arts

Wednesday

9-10.30am / 11am-12pm Slimming World 11-12.30pm Family Friendly Slimming 5-6.15pm Stars Academy of Young Performers

Friday

10-11.30am Toddlers, West Chadsmoor Family Centre 4-9pm Chasin Tails Puppy Training

Saturday

8.30-10am Slimming World 10.30-12pm Family Friendly Slimming

1-745pm Stardust Dance Academy

Hednesford Mens Probus Club.

Hednesfords Mens Probus Club is a club of retired professional business men & men of good character, we meet every other Thursday from 10.30am to 12pm at Hednesfords ex-servicemen's club, Anglesey Street, Hednesford. We have a common interest of friendship & interest among members with no political or religious affiliatiations. Guest Speaker each meeting. Various events, visits & social activities arranged, for members and their partners. New members very welcome. For details contact: Chairman Colin Westlidge 01543 576278 Secretarey, Roger Haycock Tel: 01543 422241.

Do you have a few hours per week to spare? Do you have your own car?

Would you like to help people in the community? Support Staffordshire's Voluntary Car Scheme helps people get to medical appointments, who have no other may of getting there. The scheme can also help with visiting friends and relatives in hospital and care homes. Drivers are paid fuel expenses. If you would like to help or would like, further information please contact; SUPPORT STAFFORDSHIRE Jan Matthews on 01543 303030 or email jan.matthews@supportstaffordshire.org.uk

Chase & District Ramblers Group

If you enjoy walking, why not join your local frendly Ramblers Group? We meet every Sunday at the Rail Station Car Park Anglesey Street. Hednesford and have a varied programme of walks visiting many different areas. For more information why not give us a call on 01543 684254 and speak to Barry. Website: chaseramblers.org.uk

Cats League Protection

We not only look after stray and injured cats, but also assist with neutering feral cats and housing cats whenever possible. We are looking for volunteers to join the branch - please ring us if you can assist on 0345 260 1509

Chase Grandparents and Grandchildren Group

We meet every Thursday morning, 9.30-11.30 at Hayes Green Community Centre, Heath Hayes. Bring along your grandchildren for play & socialisation, craft, activities, story & songs. For more details contact Moira on 01543 278518

Would you like to know where you can go for help with your mental health and wellbeing in Lichfield District?

Then book a RAFT appointment with the team on 01543 301139 or 07806 637522 or email tracey.hackett@ ssnmentalhealth.co.uk We will meet with you and talk about your needs, the support you currently have and which services you can use to get the help you need. This is a free and confidential signposting service.

Hednesford Afternoon Townswomen's Guild

We meet at 2pm on the 2nd Monday of every month at St. Peter's Church, Church Hill, Hednesford. Visitors & new members always welcomed. Contact Chairman Doreen Archer for details: 01543 877987

Cannock Photographic Society

We meet every Thursday from 7.45pm until 10,00pm Sept to May Join us at Norton Canes Community Centre, Brownhills Road, Norton Canes, Staffordshire, WS1 1 9SF www.cannockps.co.uk

Community Life Church

Sunday Service 10.30am at Hayes Green Community Centre Bible Study & Prayer Tuesday 7.30pm · Parents & Toddlers Thursday 1.30 - 3pm Light Lunch Club every Tuesday from 12noon - 2pm • Kid's Club Friday 5 - 6.15pm Youth Club Friday 7pm • For details, contact: John Tyrell, Senior Leader pastor.hpc@gmail.com www.communitylifechurch.uk Office 01543 459995

Looking for some FUN and ADVENTURE? Join The Scouts!

We have groups in all parts of this region, so why not join up today and put some fun into your life... 1st Great Wyrley • 2nd Great Wyrley • Cheslyn Hay • Heath Hayes • Blackford Sea Scouts • Chadsmoor • 1st Hednescord 1st Rugeley • 2nd Rugeley • Brereton • Chase Terrace • Norton Canes. To join any of these groups, please contact Phill at philliphfoster©yahoo.co.uk

Chatter and Natter

Costa Coffee in Victoria Street Hednesford is pioneering an innovative solution to the plight of isolation and loneliness. www.thechattycafescheme.co.uk explains "a Chatter & Natter table is where customers can sit if they are happy to talk to other customers. It creates a space for people to talk; whether for five minutes while you drink a brew, or an hour of good conversation. Simple interactions could just maybe have a big impact on someone's day".

A Chatter & Natter table has been introduced in the Hednesford branch of Costa. Ryan Thompson, store manager is pictured at the table with Hednesford Town Councillors Sharon Jagger and Debs Cartwright.

Ryan said "a growing ageing population; carers young and old, the bereaved, minority and marginalised individuals – all live amongst us and are part of our community, let's just all have a chat! It's a great idea!"

Councillor Jagger, the Town Council's principal speaker for loneliness, isolation and wellbeing who spearheaded this local project said "this is a very simple initiative which could have a huge impact on the wellbeing of many in our community. Ryan's keen support for putting this scheme into Costa Hednesford has been inspiring".



Where is this in Hednesford?

Answer on Backpage

Regular Monthly Events

1st Saturday 1st Sunday	Litterpick 11am Cotswold Road Litterpick 10am Brickworks Nature Reserve		
2nd Monday	Townswomen Guild Meet		
	St Peter's Church Hall		
2nd Tuesday	Hednesford Lions Meet 8pm		
	Hen House, Eskrett St		
2nd Wednesday	Action on Hearing Loss Free Drop in 10am		
	The Hedgford Lodge		
2nd Friday	Hednesford Town FC SA		
	Meet 7:30pm Keys Park		
2nd Sunday	Litterpick 10am Old Hednesford Park		
3rd Wednesday	Heart of Hednesford		
	Meet 6:30pm Old Soldiers Club		
3rd Sunday	Litterpick 10am Co op Car Park		
	Last Thursday Monthly Alzheimer's Support		
	Evenings 7pm Aquarius Ballroom		
Last Sunday	Litterpick 10am Anglesey Nature Reserve		
Last Sunday	Hednesford Lions Litterpick		
	10am War Memorial		









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Your Town Councillors

Each of your Town Councillors has an area of interest and development which shapes your priorities in to our collective action.

Paul Woodhead – Engagement and Communications Garry Jones - Finance and Council Procedures Debbie Cartwright - Homelessness and Vulnerable Adults Arthur Roden – Highways Sharon Jagger – Wellbeing, Isolation and Loneliness Mandy Dunnett - Environment Kathryn Downs - Youth and Community Cohesion Robin Kingston – Community Projects and Events Emma Hunneyball - New Estates Andy Fittes - Planning Your District Councillors are Paul Woodhead, Stuart Crabtree, Mandy Dunnett, Alan Pearson, Sheila Cartwright, George Adamson, Bryan Jones Your County Councillors are Bryan Jones and Phil Hewitt Your MP is Amanda Milling



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Weekly Acti	vities in the Park	
Monday	ChaseFit Walks for Health	9:30am
Monday	Braille Course	10am
Monday	ChaeFit Forget-me-not Park Walk	11am
Monday	ChaseFit Forget-me-not Area Walk	1pm
Tuesday	Work Experience for Schools	9am
Tuesday	Twiglets: Natural Crafts for little people	9:30am
Wednesday	Potter in the Park	9:30am
Wednesday	Toast Shop Vulnerable Adult friendship gro	oup 10am
Wednesday	Courses for adults wanting support	1pm
Thursday	Forest School Program for local schools	9am
Friday	Work Experience with Heather	9am
Sunday	Tennis for Free	10am
	Weekly Activities in the Museum	
Monday	Men's Shed	9:30am
Thursday	You Crafty Thing	10:30am
	Regular Monthly Events in the Museum	
1st Weds	Cookie Club Reading Group	10am
3rd Friday	Little Friends Baby and Toddlers	
	Themed Activities 10:30am	
4th Friday	Hidden Gems of the Museum	11am
11th & 12th	October Murder Mystery Evening	
October	Wednesday Spooks and Spells	
Half Term	Thursday Hallowe'en Drop in	
	Friday Star Wars	
17th Nov	Winter Wonderland craft session	
1st Dec	Christmas Family Day	
14th Dec	Christmas Wishes	
4 33		

Promoting Self Care

Millions of pounds of NHS funds are spent on prescribing medicines that could be purchased "over the counter" (OTC).

Admittedly, much of this cost is attributable to long-term or complex medical conditions, but a fair amount is also for conditions that may be considered suitable for self-care by OTC remedies.

NHS England preach raising awareness of self-care – reducing the financial pressure on the NHS and freeing up the valuable time of GPs. NHS England guidance asks pharmacists to restrict prescribing of OTC medicines for "minor, self-limiting or short-term conditions".

Of course, with advice from your pharmacist, many remedies can be purchased over the counter and pharmacists are being urged to promote self-care, but how? Most people would probably agree in principle with this approach but, in many cases, pharmacists are hearing that paying for medicine rather than getting it free on prescription is a major problem for many people in these days of austerity.

The Minor Ailment Scheme was designed to enable people with minor health conditions to access medicines and advice through their pharmacist, for things they would otherwise visit their doctor for.

My local pharmacist informs me this scheme is about to end. So, answers need to be found, and quick!

So - what is the answer?

Medicine banks - in pharmacies - operating like foodbanks do? It's certainly an idea!

Would people with the ability to pay for basic medicine donate it to a Medicine Bank? Calpol for example, paracetamol, plasters, antiseptic cream etc. Would the local community do this as freely as they donate to their local foodbank?

Let's find out – let's start the conversation – contact us with your views or speak with your local pharmacist. More on this topic in our next Newsletter ...





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FIXTURES 2020

MARCH 2020

Sat 7th	15:00 A
Tues 10th	19:45 A
Sat 14th	15:00 A
Sat 21st	15:00 H
Sat 28th	15:00 A

Redditch United St Ives Town Nuneaton Borough Barwell Peterborough Sports L

APRIL 2020

Sat 4th	15:00 H
Sat 11th	15:00 A
Mon 13th	15:00 H
Sat 18th	15:00 H
Sat 25th	15:00 A

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